

Trustee

AuDHD UK

Location: Remote (UK-based preferred)

Reports to: Chair of Trustees

Commitment: Flexible, part-time (details negotiable)

Role: Unpaid volunteer position

Purpose: To provide strategic oversight, governance, and accountability for AuDHD UK, ensuring the charity operates effectively, sustainably, and in line with its mission, legal obligations, and values.

The Board of Trustees currently comprises 3 Trustees plus the CEO, most of whom have lived experience of AuDHD. The Chair is an experienced Chairperson and is a Non-Executive Director for a number of Global businesses, both public and private.

The Board and CEO are seeking to broaden the experience of the Board, and have a specific interest in those with Legal, Business, or Organisational Leadership backgrounds.

Key Responsibilities

Governance & Strategic Oversight

- Participate in board meetings, decision-making, and policy approvals.
- Contribute to the development and review of AuDHD UK's strategic direction, ensuring alignment with its charitable objectives.
- Support effective governance and ensure the charity complies with relevant legislation, regulations, and best practice guidance.
- Monitor organisational performance, risk, and sustainability.

Financial Oversight

- Review financial performance, budgets, and resource allocation to ensure responsible stewardship of funds.
- Support long-term financial planning, sustainability, and risk management.
- Ensure appropriate financial controls and reporting processes are in place.

Risk, Compliance & Legal Accountability

- Ensure the charity meets its legal and regulatory obligations, including those relating to safeguarding, data protection, fundraising, and governance.
- Identify, assess, and monitor strategic and operational risks.
- Promote transparency, accountability, and ethical decision-making.

Advocacy & Representation

- Act as an ambassador for AuDHD UK, promoting its mission and values within relevant professional and community networks.
- Support opportunities for partnerships, funding, and organisational growth where appropriate.

Essential Skills & Attributes

- Senior-level experience or professional background in business, law, finance or organisational leadership.
- Understanding of trustee duties, charity governance, or willingness to undertake trustee training.
- Strong strategic thinking, sound judgment, and decision-making ability.
- Ability to review information critically and contribute constructively to board discussions.
- Commitment to inclusion, accessibility, and ethical leadership.
- Strong communication and collaborative working skills.
- Commitment to AuDHD UK's mission and values.
- Lived experience of AuDHD or neurodivergence (desirable).

Time Commitment Estimate

- Board meetings: 1-2 hrs/meeting (typically quarterly)
- Additional strategic input or committee work: 1-3 hrs/quarter

Mission Alignment Requirements

All applicants must demonstrate:

- Understanding of AuDHD UK's core purpose.
- Adherence to safeguarding, governance, and ethical guidelines.